

First Aid For Burns

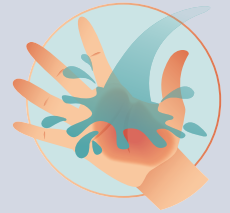
Treatment & Prevention



Burns are one of the most common household accidents in Australia. Knowing how to treat burns is vital to ensure the correct treatment is provided.

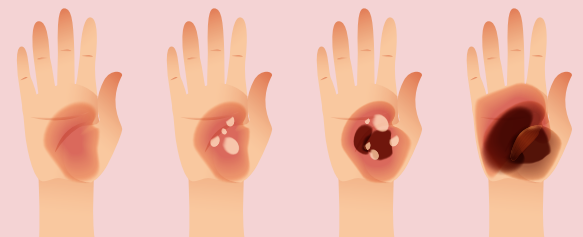
For all types of burns, immediate first aid response should be to:

- Remove any jewellery, clothing, or nappies from the burn area unless stuck to the skin
- Run the affected area under cool running water until pain is reduced to a tolerable level (do not use ice!)
- Loosely cover the burn with gauze, a damp, clean cloth (lint-free), or cling wrap
- If the patient requires pain relief they should seek medical advice/treatment



You should seek emergency help for burns immediately if:

- the patient is having difficulty breathing
- the burn is deep (even if the patient is not in severe pain)
- the face, genitals, hands, or airway is affected
- it is an electrical or chemical burn
- the burn is large in size (more than a 20 cent piece)
- the affected skin has brown, black, or white patches
- the skin is leathery in appearance



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TRAINING SERVICES